



## The GP Update Course

Holiday Inn Norwich North  
Cromer Road, Norwich  
Norfolk, NR6 6JA

### From the South West (A11)

At the Thickthorn roundabout take the 4th exit (A11) at the next roundabout take the 2nd exit (A11) carry on until the next roundabout and take the 1st exit sign posted Cromer A140. Carry on straight until you reach the next roundabout and take the second exit sign posted Norwich Airport (Cromer A140). Proceed on to the next roundabout and again take the second exit sign posted Norwich Airport (Cromer A140). Continue on straight following the signs for Norwich Airport/Cromer and then at the traffic lights bear left. Immediately bear to the right and then left and follow signs for Norwich Airport A140. At the traffic lights go straight over, but stay in the outside lane, and at the next set of lights turn right. Turn right at the mini roundabout and the hotel is on the left.

### From the West (A47 Kings Lynn)

Exit the A47 onto the A1074 sign posted Norwich and at the roundabout take the 2nd exit onto the A1074. Continue straight on until the next roundabout and take the 2nd exit sign posted A1074. Carry straight on and at the next roundabout take the 1st exit sign post Norwich Airport / Cromer A140. Continue on straight following the signs for Norwich Airport/Cromer and then at the traffic lights bear left. Immediately bear to the right and then left and follow signs for Norwich Airport A140. At the traffic lights go straight over, but stay in the outside lane, and at the next set of lights turn right. Turn right at the mini roundabout and the hotel is on the left.

### From the North East (A140 Cromer)

Continue into Norwich on the A140, at the roundabout take the first exit sign posted Norwich Airport. Continue on to the traffic lights and turn left into Amsterdam way. Turn right at the mini roundabout and the hotel is on the left.

### From the East (A47 Gt Yarmouth)

Exit the A47 onto the A1042 signposted Norwich North and East, at the roundabout take the 2nd exit, continue over the flyover and take the 2nd exit on the roundabout signposted Norwich North and East. Take the 2nd exit at the next two roundabouts. At the mini roundabout take the 2nd exit (turn right) onto the A1042 and keep to the left hand lane then turn left. Continue straight on until you reach the next roundabout and take the 3rd exit on to the A1042. Again continue on straight until you reach the next roundabout and take the 2nd exit, sign posted Cromer A140. At the next roundabout again take the 2nd exit sign posted Norwich Airport (Cromer A140). At the traffic lights turn right sign posted Norwich Airport / Cromer A140. Bear right then left and continue on the A140 Cromer road. Continue straight over at the traffic lights but stay in the outside lane. At the next set of lights turn right into Amsterdam way. Turn right at the mini roundabout and the hotel is on the left.