

# The GP Update Course

**One day update course for  
GPs and GP Registrars**  
(By GPs, for GPs)

**Course Director: Dr. Lucy Jenkins**

Every week GPs are bombarded with literature; the BMJ, BJGP, Lancet, NEJM. And then there are all those guidelines...

**GPs want to stay up to date but the task is a formidable one; with the best will in the world, it's hard to achieve.**

With all the evidence inundating us it can be hard to know which bits of evidence should change our practice.

**We want to help by collating and synthesising the evidence for you – so that you don't have to!**

Using a lecture based format, with plenty of time for interaction, the GP presenters discuss the results of the most important and relevant research papers, placing them in the context of all the research evidence in this area and the needs of primary care.

**We want you to enjoy the day!**

We'll use humour and video clips to illustrate points being made and to keep you focused.

**'This is the best course I have been on since I went in to general practice'**

[www.gp-update.co.uk](http://www.gp-update.co.uk)



**Who is this course designed for?**

**Established GPs** who want to keep abreast of new evidence relevant to clinical practice and consider how this evidence can be translated into excellent clinical care.

**GP Trainers** wanting to keep up to date across the whole field of general practice and to incorporate new evidence into their current practice.

**GP Registrars** who need a working knowledge of evidence relevant to primary care. The course is very relevant for the nMRCGP exam.

**GPs returning from maternity leave or a career break** who want to be brought up to speed with current practice.

**Practice Nurses & Nurse Practitioners** who will find this a great update on chronic disease management and a good overview of the latest changes across all of primary care.

**Don't take our word for it - See what delegates from our last course series had to say!**

- 'A refreshing change – a practical “nuts and bolts” course that will impact on my day to day consultations.'
- 'Absolutely fantastic. Very impressed by your ability to make such a large volume of info so accessible, easy to digest, interesting, fun, understandable etc etc.'
- 'Helps me in my desire to be a “world class GP”!'
- 'This course and the handbook are a brilliant way for busy GPs to keep up to date.'
- 'Excellent speakers who seemed to understand where most GPs are at.'
- 'Good that you are still practising GPs and NOT funded by drug companies! Well done!'
- 'Fantastic. Worth every penny. Will recommend to colleagues.'

Course delegates receive a copy of **The GP Update Handbook**, a 350 page book outlining the results of the most important research relevant to primary care over the last 5 years.

The Handbook is much more than just a set of lecture notes. It covers more subjects more extensively than is possible in the one-day course. It is a valuable resource document for future reference and exam revision. Everything we present is fully referenced – so if you want to do some more research or read the original article you can, but you don't have to.

**Important note:** *This course contains no theorists, no gurus and no sponsors. Just real life UK based GPs who will be back seeing patients as soon as the course has finished. What is more, we have no involvement whatsoever with pharmaceutical companies, so there will be no biasing of the information presented to you. Further details at [www.gp-update.co.uk](http://www.gp-update.co.uk).*

**Spring 2009 course dates:**

- Newcastle (Centre for Life Conference Centre) - Wednesday May 6
- Sheffield (Showroom and Workstation Conference Centre) - Thursday May 7
- Manchester (Royal Northern College of Music) - Friday May 8
- Birmingham (Birmingham Medical School) - Saturday May 9
- Exeter (Exeter Corn Exchange) - Wednesday May 13
- Southampton (Solent University Conference Centre) - Thursday May 14
- London (Mermaid Conference & Events Centre) - Friday May 15
- London (Mermaid Conference & Events Centre) - Saturday May 16
- Oxford (The Quadrangle, The Kassam Stadium) - Wednesday May 20

**Prices:** GPs £180; GP Registrars, Practice Nurses & Nurse Practitioners £150

**I would like to come on the following GP Update Course (please tick):**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Newcastle May 6      | <input type="checkbox"/> Sheffield May 7 | <input type="checkbox"/> Manchester May 8   |
| <input type="checkbox"/> Birmingham May 9     | <input type="checkbox"/> Exeter May 13   | <input type="checkbox"/> Southampton May 14 |
| <input type="checkbox"/> London May 15        | <input type="checkbox"/> London May 16   | <input type="checkbox"/> Oxford May 20      |
| <input type="checkbox"/> Handbook only (£150) |  |   |

Name (PRINT):..... Address:.....

Email:.....

**Please send this form with your cheque payable to Primary Care Education LLP to:  
GP Update, Mill Stream Surgery, Benson, Wallingford, Oxfordshire OX10 6RL**